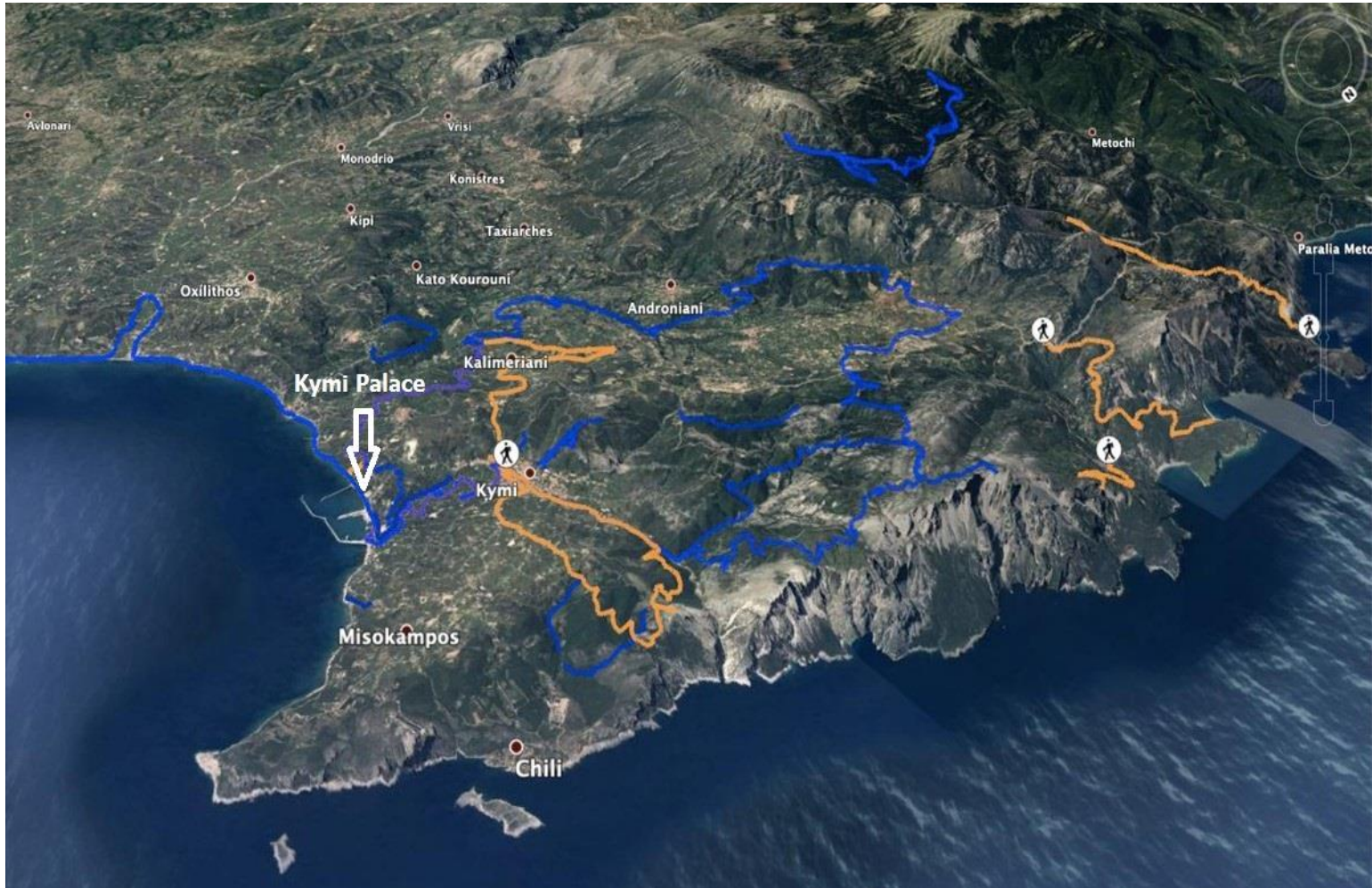


## SPORT ACTIVITIES AT KYMI'S TRAILS, EVIA



### Hiking Trails

Total Trails: 10

Total Distance: 107.4 Km

Type: Circular, Crossing

Difficulty Level: Easy, Moderate, Difficult, Very Difficult

Maximum Altitude: 993m

Minimum Altitude: 0m

Total Hours Hiking: 49

### Bicycle Trails

Total Trails: 7

Total Distance: 87.3 Km

Type: Circular, Crossing

Difficulty Level: Easy, Moderate, Difficult, Very Difficult

Maximum Altitude: 993m

Minimum Altitude: 0 m

Total Hours Riding: 36

## TRAILS AROUND KYMI

### KYMI – CHONEFTIKO – CASTLE – MONASTERYA

A route with a lot of uphill mainly for a walk to tighten the calves!!! The same goes for cyclists, but before the castle they will have to leave their bike to be able to climb up the path and enjoy the incredible view! At the beginning of the journey you can fill your skimmers with water from Honeftiko, especially those who have problems with kidney stones, as it is scientifically proven that the spring water is beneficial.

**Distance: 10.5 Km**

**Activity: Trekking or Bicycling**

Route Type: Circular

Difficulty Level: Moderate

Maximum Altitude: 382m

Minimum Altitude: 178 m

Average Time: 4 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)



### KYMI – ENTZI – PARALIA

A very beautiful route, especially in the spring when the flowers are blooming and the route is filled with colors and perfumes!!! A small uphill at the beginning, and afterwards an endless downhill along with straight road. Approximately half of the route will lead you to the old mines of Entzi known for the lignite exploitation and its transfer to Kymi Beach with an aerial train.

**Distance: 18.3 Km**

**Activity: Hiking or Cycling**

Route type: Circular

Level of difficulty: Easy

Maximum Altitude: 320 m

Minimum altitude: 0 m

Average Time: 4 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)



### PATH TO THE BEACH NAYTIKO

A rather difficult but summer path as it leads to a beautiful beach with a few cows as the only holidaymakers that also go down to take their bath!. Well, it's good to take with you along with your sunscreen, plenty of water and food, because the way back is quite uphill and difficult. The wild beauty of this path will reward you without a doubt!

**Distance: 14.5 Km / Km to the beach**

**Activity: Hiking or Cycling**

Route type: Crossing

Level of difficulty: Moderate

Maximum Altitude: 542 m

Minimum altitude: 0 m

Average Time: 6 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)





### AGIOS MERKOURIOS BEACH

An easy Hiking or Cycling Ride close to the beach 34km's. Starts from Paralia Kymi's and finished to the last big rock at the end of the road called Agios Merkourios or (Kefala). It can be an easy return from the same road or can be more adventure depends your expedition!

**Distance: 33.5 Km**

**Activity: Hiking or Cycling**

Route type: Circular

Level of difficulty: Easy

Maximum Altitude: 33 m

Minimum altitude: 0 m

Average Time: 4 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)



### OLD ROAD TO THAPSA

For those who want to see the terrestrial paradise named Thapsas, but do not have a 4X4 or a boat, but also for those who want to struggle a bit just before enjoying the crystal clear waters, the old dirt road that is no longer used offers the perfect opportunity. The only negative thing is that returning all the way back is an uphill. But the swimming you will have enjoyed, the tan you will have made and the view all the way will make you forget this minor detail.

**Distance: 10.5 Km by car + 6.4 Km until Thapsa**

**Activity: Hiking**

Route type: Crossing

Level of difficulty: Difficult

Maximum Altitude: 572 m

Minimum altitude: 0 m

Average Time: 4-5 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)



### REMA KARIAS – EFTAOS – VROMONERA

Among the most beautiful routes in the area, especially in the spring but also in winter. The Karia Stream in itself is a pleasure to cross and if you know about mushrooms in the winter, bring along your bags! In the middle of the stream, there is a sign on the left that shows the path towards the cave of Agiasma (one of the roughly 200 in the area) which you can go down always with caution. Half way we pass through the famous Vromonera – a small plain that is offered for a perfect picnic. Upon return, the view compensates us absolutely and makes us think about taking another round.

**Distance: 14.2 Km by car (Jeep only)**

**+ 14.8 Km up to Krifi Panagia**

**Activity: Hiking**

Route type: Circular

Level of difficulty: Moderate

Maximum Altitude: 897 m

Minimum altitude: 540 m

Average Time: 5-6 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)



### VROMONERA WITH MOUNTAIN BIKE

Vromonera area is a high altitude area surrounding by high pines great for mountain biking with small easy trails mixing the beauty of natural elements and alpine fresh air.

**Distance: 19.5 Km (14km by car to start)**

**Activity: Cycling**

Route type: Circular

Difficulty level: Difficult

Maximum Altitude: 993 m

Minimum Altitude: 739 m

Average Time: 4 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)



### GOURNION SPRING – CASTLE – MONASTERY

The beauty of this path is indescribable. As you walk you get the impression that you are in an exotic place with waterfalls, small rivers and such incredible vegetation that you think that even a crocodile could pop up out of nowhere! It goes without saying that all this happens in spring and on condition that it has rained a bit, because otherwise without rain forget the crocodiles!

**Distance: 10.4 Km**

**Activity: Hiking**

Route type: Circular

Level of difficulty: Moderate

Maximum Altitude: 393 m

Minimum altitude: 119 m

Average Time: 4-5 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)



### CHONEFTIKO – ORTARI

Starting from the Choneftiko of Kimi with its famous springs, you pass through an incredible path that combines dense vegetation, large trees but also large rocks, to end up after quite an uphill in the highest hill of Europe but also in one of the highest on the planet that ends up down to the sea ... to the Ortari. If we are lucky enough to have good clarity we will be able to see from Chios to Chalkidiki and if we are even luckier and the clouds that day have come down quite low we will be able to experience something fantastic.

**Distance: 2.0 Km by car + 15.0 Km with the legs**

**Activity: Hiking**

Route type: Circular

Difficulty Level: Very Difficult

Maximum Altitude: 925 m

Minimum Altitude: 206 m

Average Time: 7-8 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)



### PATH OF THE MILLS

Starting from the Platanenhof – an incredible place for relaxation – you go through a green path alongside a river to reach the Mills the most famous of them being the Santa Mill. There you will find many stone-built paths, bridges, tables and benches to rest. Finally, in order to return you go through a dirt road leading back to Platanenhof to enjoy your coffee.

**Distance: 7.9 Km by car + 4.6 Km on foot**

**Activity: Hiking**

Route type: Circular

Level of difficulty: Easy

Maximum Altitude: 155 m

Minimum altitude: 77 m

Average Time: 3 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)



### PATH TO THE HIDDEN VIRGIN MARY

A pretty difficult path, but with a view that enchants you, while the final destination, the chapel of Hidden Virgin Mary built into the rocks leaves you wondering how it was built at this point. Upon return, anyone who feels hot enough can make a detour and go down to Tsilaros Beach and take a dip along with some courage for the big uphill of going back.

**Distance: 10.6Km by car (Jeep only) + 2.3Km until Krifi Panagia**

**Activity: Hiking**

Route type: Crossing

Level of difficulty: Difficult

Maximum Altitude: 471 m

Minimum altitude: 119 m

Average Time: 5 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)



### MOUNTAIN BIKE DOWNHILL TRAIL

A beautiful trail for extreme cyclists with a view of the whole town of Kimi. Made with passion by the mad cyclists of Kimi with great slopes, endless beams and small jumps, as well as two of the biggest jumps on a DH track in Greece make this track one of the most extreme slopes for the beginners of the genre but also more Playful for the Pros.

**Distance: 1.45km**

**Activity: Cycling**

Route type: Crossing

Level of difficulty: Difficult

Maximum Altitude: 501 m

Minimum altitude: 225 m

Average Time: 3-12 minutes

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)





### **FTERADA - THAPSA BEACH**

To start we need a 15 minutes' drive from Kymi. Then an easy worm up climb to the top of the mountain Fterada, a breathtaking view to the one of the most beautiful beaches of Evia "Thapsa"! A fun ride from the top to the bottom with 581m altitude difference. You are there...to swim at Thapsa beach turquoise water!!!

**Distance: 12.3Km by car and 8.6km**

**Activity: Cycling**

Route type: Crossing

Level of difficulty: Moderate

Maximum Altitude: 581 m

Minimum altitude: 0 m

Average Time: 4 Hours

Source: [www.elastinkymi.gr](http://www.elastinkymi.gr)



### **PUMPTRACK - BICYCLE LESSONS**

A unique designed multi way pump track, dedicated for bikes with corners (burns) & rolls offers the ultimate riding experience with safety to all kind of riding styles from beginners to advanced riders. A certified team will guide you through the riding techniques & safety rules for the ultimate bike experience! We are also offering rental options for bikes & equipment if you don't have your own.



**Distance: 400m**

**Activity: Cycling**

Route type: Circular

Difficulty level: Easy

Age limit: 5+